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ELEVEN MIRRORS  
Design Hotel

# WELLNESS MENU

# Facial treatments

## Dermalogica ProSkin

🕒 60 min

A special treatment is tailored just for your skin's needs. Made to meet different needs, like deepcleaning, moisturizing, reducing signs of aging, dark spots, redness, and making skin feel and look better. Immerse yourself in a sensory journey while our expert skin care team uses the latest technology, skin healing techniques and powerful products to achieve the best results.

## Dermalogica Sculpting Face Massage & Proskin Treatment

🕒 90 min

Premium facial treatment with a 60-minute deep massage of the face, neck, and décolleté that improves lymphatic drainage and microcirculation and helps to create defined contours. Professional Dermalogica ProSkin care complements the massage with cleansing, exfoliation, moisturizing, and skin renewal for a prolonged anti-aging effect.

## Dermalogica PRO Microneedling & NanoInfusion

🕒 60 min

This is a modern non-invasive method of professional skin care based on using the dermalogica Pro Pen, nano and micro cartridges for the most effective result. The expert individually chooses for you active serums containing nourishing moisturizing and anti-ageing components, such as peptides, antioxidants and vitamins. There are benefits of care such as instant lifting, improving skin tone and firmness, smoothing texture and improving general skin health.

## Dermalogica Pro Microneedling With Vegan Exosomal Complex

🕒 60 min

This innovative exosome-based treatment combines Dermalogica Pro Pen microneedlingtherapy with a 7-day booster serum program to activate skin regeneration, stimulate collagen and elastin production, and deeply restore the skin with minimal downtime. The treatment concludes with the Dermalogica Exo Booster, which calms and hydrates the skin, helping to reduce redness and inflammation. As a result, the skin appears firmer, more elastic, and visibly smoother, with a more even tone and refined texture - even after just one session.

## **Dermalogica Pro Power Peel**

🕒 60 min

A high-impact chemical peeling procedure aimed at stimulating cell renewal and metabolism, eliminating unevenness, improving skin texture and appearance. The expert will select a peeling with different acids (lactic, salicylic, glycolic) according to your skin's needs, and determine the number of layers to achieve exceptional results. The procedure is suitable for solving a wide range of problems, such as hyperpigmentation, acne, age-related and textural changes in the skin.

## **Dermalogica Buccal Face Massage**

🕒 60 min

Buccal massage is a deeply sculpting facial treatment that works both externally and intraorally to target the facial muscles, helping to lift, redefine the facial contours, and create a more youthful appearance – without injections or surgery. The treatment is performed using the innovative Dermalogica NeuroTouch Symmetry Serum, designed to influence neuromuscular connections, restore muscle balance, and enhance the overall face-sculpting effect.

## **Dermalogica for Men. Professional Facial. Treatment for Men**

🕒 60 min

This procedure is an ideal choice for men who want to give their skin a professional care and restoration. Starting with a deep cleansing, the procedure effectively removes impurities and excess sebum, giving the skin a matte finish. Special products for men's skin reduce post-shave irritation, moisturize and reduce redness. Gentle massage improves blood circulation, gives a feeling of relaxation and freshness, and special serums and masks nourish and protect the skin. The result is clear, healthy and restored skin, ready to face any challenges of the day.

## **ELEMIS EXPERT™ Touch Renew Facial**

🕒 60 min

Ultra Smart Intelligent Lift - a highly effective face lifting procedure, restoring skin energy, rejuvenating and shaping clear contours. It combines the power of active care products from the legendary Pro-Collagen Marine line with innovative Ultra Smart line with a combination of sculpting facial massage techniques for visible results.

## **ELEMIS EXPERT™ Lift technology + Rejuvenate**

🕒 60 XB

Restore the vitality and youthfulness of the skin with the BIOTEC Lift and rejuvenation using the high-tech BIOTEC device. The combination of manual and device techniques, such as microcurrent therapy for an excellent lifting, ultrasonic peeling for delicate cleansing, oxygen infusion for deep moisturizing and toning. Give your skin youthfulness, elasticity and healthy radiance.

## **ELEMIS EXPERT™ Sculpt technology + Firm**

🕒 90 min

The revolutionary BIOTEC Sculpting and Firming procedure combines advanced technologies and active ingredients to achieve maximum results. Using all 5 technologies of the BIOTEC device, the procedure provides a comprehensive effect: moisturizing, toning, improving skin elasticity, smoothing wrinkles and provides a clear contour. It is an ideal choice for those seeking to restore skin firmness and add sharpness to facial contours, as well as get instant rejuvenating effect.

## **ELEMIS EXPERT™ Touch Define Facial**

🕒 90 min

Ultra Smart Intelligent Lift - a highly effective face lifting procedure, restoring skin energy, rejuvenating and shaping clear contours. It combines the power of active care products from the legendary Pro-Collagen Marine line with innovative Ultra Smart line with a combination of sculpting facial massage techniques for visible results.

## **Grown Alchemist Regenerator Facial. Anti-age Regeneration & Recovery**

🕒 60 min

The ritual of a full skin reboot, restoring its health and natural radiance. The procedure uses powerful triple hyaluronic acid and peptides 3 + 8 to stimulate collagen production and elasticity. Massage lymphatic drainage techniques using cryo layers improve microcirculation, relax facial muscles and stimulate natural recovery processes. This treatment is ideal for those who want to restore their skin after stress, fatigue or harmful effects of the environment.

# Body treatments

## **ELEMIS EXPERT™ Deep Tissue Massage**

🕒 60 – 90 min

The uniqueness of the procedure based on the combining experience of ancient world massage techniques, such as Lomi Lomi, Thai, Balinese, Swedish, Shiatsu, Indian and Ayurvedic massages to heal and restore the body. During the procedure, we use premium massage oils and products from ELEMIS to achieve a sense of harmony and balance. The massage is designed to relieve muscle tension, stretch, and activate blood circulation, removes toxins and provides maximum relaxation of the body and mind.

## **ELEMIS EXPERT™ Poultice-powered Muscle Release**

🕒 60 min

Exclusive restorative care that combines effective massage techniques, aimed at deep muscle work. The procedure helps relieve pain and spasms, blocks and muscle tension, as well as restore the body's energy potential, promoting complete relaxation. The massage is performed using special bags filled with amber and quartz crystals. The procedure ends with face and head massage, which makes an impact on general relaxation and improves skin condition, giving a sense of renewal and harmony. Bags with quartz crystals were specially developed for the ELEMIS brand, which highlights the uniqueness of this SPA treatment.

## **ELEMIS EXPERT™ Peaceful Pregnancy Massage**

🕒 90 min

A gentle and soothing ritual created for expectant mothers relaxes the body and mind, providing a feeling of lightness and harmony. The period of pregnancy is special for every woman and massage is an important part of maintaining their physical and emotional well-being. Specialist, using the magic of touch, works not only with the body of the future mother, but also with her inner world, uniting two hearts in a harmonious rhythm. The procedure uses only safe and proven techniques adapted to each stage of pregnancy. Massage relieves tension in the back, helping to decrease pain and reduce discomfort, in addition, it helps to reduce swelling of the hands and feet, giving a feeling of calmness and serenity.

## **ELEMIS EXPERT™ Thousand Flowers Detox Wrap**

🕒 60 min

Exquisite detox body care that helps deeply cleanse the skin, nourish it with nutrients and restore. The procedure applies a unique organic mud mask enriched with valuable minerals and thousands of flower extract that stimulate the body's natural detoxification processes. This procedure not only cleanses the body, but also gives you relaxation, as a result your skin gets soft, moisturized, filled with a feeling of lightness and vigour.

## **ELEMIS EXPERT™ Garden of England Rose Restore**

🕒 90 min

Immerse yourself into the atmosphere of fragrant English gardens and enjoy the harmony during this relaxing body massage. The care is filled with the healing properties of the bouquet of luxurious aromas of rose, rosemary, seaside pine, fennel, which perfectly moisturize the skin, restore its firmness and elasticity. The procedure is aimed at complete relaxation and restoration of internal balance.

## **BODY SPACE Sensorial SPACE Treatment for Body and Mind**

🕒 60 min

Hygge massage ritual for relaxation from everyday stress, well-being and multisensory experience. Luxurious body products nourish and soften the skin, making it silky and radiant. The procedure is available in several options, such as delicate scrubbing in combination with a creamy wrap. «Care that gives the body and mind an instant divine feeling of peace and harmony».

## **ELEMIS EXPERT™ Hot Stone Massage**

🕒 60 min

A deep spa relaxation ritual that combines healing warmth of basalt stones and sensual aphrodisiac ELEMIS Frangipani massage oil. The gentle heat relaxes muscles, relieves accumulated tension and stress, stimulates blood circulation, and immerses you in a state of complete calm and inner harmony. Your perfect choice for restoring energy and balance to the body and mind.

## **Grown Alchemist Rejuvenating Body Massage**

🕒 60 min

Luxurious full-body massage designed to restore balance, vitality, and well-being. This treatment targets neurolymphatic reflex points and myofascial trigger areas to stimulate the lymphatic system, promote detoxification, and release deep muscle tension. Using expert techniques and precise pressure, it enhances posture, improves flexibility, supports digestive health, and leaves the body feeling light, renewed, and harmoniously balanced.

## Cell Strike Drainage Bandaging

🕒 60 min

Detox care is based on the principle of drainage bandaging to overcome all types of cellulite. As a result, microcirculation is improved, body volume is reduced, toxins are eliminated and the skin is strengthened. A special drainage gel with active ingredients, such as caffeine stimulating blood circulation, extracts of algae - to increase elasticity and bandaging with bandages impregnated with concentrate of Himalayan salt - to stimulate the liquid outflow and eliminate stagnation in the tissues. You lose up to 2 cm in volume after one procedure!

## ELEMIS EXPERT™ Cleansing Salt Scrub & Wrap

🕒 60 min

A luxurious skincare ritual that combines intensive cleansing and deep moisturizing of the body. Heated oil covers the body, creating a soothing atmosphere of relaxation and pleasure. Frangipani gives a deep sense of harmony, relieves stress and improves well-being. Exotic salt scrub intensively cleanses and renews skin, exfoliating dead skin cells. The process of wrapping gives not only physical but also emotional relaxation. After the procedure, your skin is soft, moisturized and has an exquisite fragrant smell.

## Cell Strike Anti-cellulite Mud Wrap

🕒 60 xB

This intensive spa treatment targets the appearance of cellulite, refines skin texture, and boosts metabolic activity. Enriched with mineral-rich mud and lipolytic ingredients, it stimulates lymphatic drainage and microcirculation, helping to sculpt smoother, more defined, and harmoniously contoured body lines.

## Luxury SPA Experience for two

Indulge in a serene escape together - select any treatments from WELLNESS MENU and enjoy a blissful time with your loved one and friends in an elegantly appointed couple's room.



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